



All Shook Up



INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1 1 & 2 3 & 4 5 - 6 7 - 8	PART A Left & Right Shuffle Forward, Grapevine Left, Touch Right. Step left forward. Close right beside left. Step left forward. Step right forward. Close left beside right. Step right forward. Step left to left side. Cross right behind left. Step left to left side. Step right beside left.	Left Shuffle Right Shuffle Step Behind Step Touch	Forward Left
	Section 2 1 & 2 3 & 4 5 - 6 7 - 8	Right & Left Shuffle Back, Grapevine Right, Touch Left. Step right back. Close left beside right. Step right back. Step left back. Close right beside left. Step left back. Step right to right side. Step left behind right. Step right to right side. Touch left beside right.	Shuffle Back Shuffle Back Step Behind Step Touch	Back Right
	Section 3 1 - 4 5 - 8	Stroll Forward & Kick, Stroll Back & Touch. Stroll forward - Left, Right, Left. Kick right forward. Stroll back - Right, Left, Right. Touch left next to right.	Forward 2,3, Kick. Back 2,3, touch	Forward Back
	Section 4 1 - 2 3 - 4 5 - 8	Step Left Extending Left Arm, 2 x Pelvic Rolls. Step left to left side extending left arm to left. Clap hands. Extend left arm to left and bring right hand to stomach. Hold. Roll pelvis twice (Elvis style).	Side Clap Side Hold Roll 2 3 4	On the spot
	Section 1 1 - 2 3 - 4 5 - 8	PART B Left Grapevine, Step 1/2 Pivot Turn Left x2. Step left to left side. Right steps behind left. Step left to left side. Right touches next to left. Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left.	Step Behind Step Touch Step Turn Step Turn	Left Turning left
	Section 2 1 - 2 3 - 4 5 - 8	Right Grapevine, Step 1/2 Pivot Turn Right x2. Step right to right side. Step left behind right. Step right to right side. Touch left beside right. Step left forward. Pivot 1/2 turn right. Step left forward. Pivot 1/2 turn right.	Step Behind Step Touch Step Turn Step Turn	Right Turning right
	Section 1 1 - 2 3 - 4 5 - 8	PART C Left Grapevine with Scuff 1/2 Turn Left, Stroll Back & Touch. Step left to left side. Step right behind left. Step left to left side. Scuff right beside left pivoting 1/2 turn left on left foot. Step back on right. Step back on left. Step back on right. Touch left beside right.	Step Behind Step Turn Back 2 3 Touch	Left Turning left Back
	Section 2 1 - 2 3 - 4 5 - 8	4 x Toe Struts Forward. Touch left toe forward. Drop left heel to floor taking weight. Touch right toe forward. Drop right heel to floor taking weight. Repeat steps 1 - 4.	Left Heel Right Heel	Forward
	Section 3 1 - 8	Left Grapevine with Scuff 1/2 Turn Left, Stroll Back & Touch. Repeat Part C, Section 1 above.		
Section 4 1 - 2 3 - 4 5 - 8	4 x Toe Struts Forward Touch left toe forward. Drop left heel to floor taking weight. Touch right toe forward. Drop right heel to floor taking weight. Repeat steps 1 - 4.	Left Heel Right Heel	Forward	

1 Wall Line Phrased Dance:- 80 Counts. Intermediate.

Choreographed by:- Naomi Fleetwood (USA) 1997.

Choreographed to:- 'All Shook Up' by Billy Joel from Honeymoon In Vegas Soundtrack or same song by Elvis/Dean Brothers (168 bpm).

Note:- This is a phrased dance divided into three parts. Begin on the vocals and dance the following sequence:- **A-B A-B-C A-B-C A-B-C**