32 Count 4 Walls Improver

Choreographed by: Robbie McGowan Hickie (UK) (1st October 2013)

Choreographed to: Morning Noon and Night on Real Love by Ryan Shaw 110 BPM

Intro: 16

Count	Footwork
S-1	Forward Rock. Left Lock Step Back. Hip Sways with 1/4 Turn Right. Recover. Behind & Cross.
1-2	Rock forward on Left. Rock back on Right.
3&4	Step back on Left. Lock step Right across Left. Step back on Left.
5-6	Make 1/4 turn Right stepping Right to Right side-Swaying Hips Right. Sway Hips Left.
7&8	Cross Right behind Left. Step Left to Left side. Cross step Right over Left. (3 o'clock)
S-2	Left Side Rock. Recover. Left Sailor 1/4 Turn Left. Cross. Side. Right Cross Shuffle.
1-2	Rock Left out to Left side. Recover weight on Right.
3&4	Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step Left to Left side
5-6	Cross step Right over Left. Step Left to Left side.
7&8	Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (12 o'clock)
Optional:	Use Cuban Hips during Counts 5-8 above
S-3	1/4 Turn Left. 1/2 Turn Left. Left Coaster Step. Step Forward. Lock. Right Lock Step Forward.
1-2	Make 1/4 turn Left stepping forward on Left. Make 1/2 turn Left stepping back on Right.
3&4	Step back on Left. Step Right beside Left. Step forward on Left.
5-6	Step forward on Right. Lock step Left behind Right.
7&8	Step forward on Right. Lock step Left behind Right. Step forward on Right. (3 o'clock)
S-4	Forward Rock. Left Shuffle 1/2 Turn Left. Step Forward. 1/2 Turn Right. Right Coaster Step.
1-2	Rock forward on Left. Rock back on Right.
3&4	Left shuffle making 1/2 turn Left stepping Left. Right. Left. (9 o'clock)
5-6	Step forward on Right. Make 1/2 turn Right stepping back on Left.
7&8	Step back on Right. Step Left beside Right. Step forward on Right. (3 o'clock)
Start Again	1